

# THE NEXT 12 MONTHS

The power of goal-setting is in getting clear and focused about exactly what you want to achieve. Use this worksheet to describe what success looks like in your current target Life Area. Take your time, and be specific. The more clearly you envision the goal today, the more power you give yourself to achieve it. Read through this worksheet at least once a day!

TARGET LIFE AREA	What does SUCCESS look like in this Life Area?	How does SUCCESS in this area make you feel?	Why do you want this SUCCESS in this Life Area? What does it do for you?